NEW PROGRAMS AVAILABLE

Starting July 1, 2015, Putnam/Northern Westchester BOCES Regional Safety Services will be partnering with several contractors to offer new services to our districts. In order to participate you must be enrolled in the Safety Services CoSER 698.

- **Louis Berger** - Industrial Hygiene and IAQ Services. Louis Berger is an international company with many years of experience working with school districts in this region. The company can provide a wide range of services including AHERA compliance.

- **CPRed** – CPR/AED training and certification for staff and students using the American Heart Association Program. Training programs are designed to meet your district’s needs.

- **Hang Up and Drive** – Want your students and staff to recognize the dangers of texting and driving, let Jacy Good tell them her story. It highlights the real consequences of texting and driving.

- **The new Compliance Video** is ready for your training needs. Please contact our department with any questions or to discuss these services.

BUILDING EMERGENCY PLAN TEMPLATE

By Carol Sneyd, Regional Safety Technician

Our department is uniquely situated to assist you with upgrading to the New Building Emergency Plan Template that the state rolled out this past spring. Carol Sneyd has participated in trainings, webinars and meetings to prepare our department to work with our districts in making the necessary changes. The first step that we recommend is inviting Carol to attend a meeting with your district administration to present a rollout plan. Contact 914-248-3854 or csneyd@pnwboces.org to schedule your meeting.
SUMMER SAFETY

By Carol Sneyd, Regional Safety Technician

As school ends and districts begin summer projects, supervisors should be mindful of the dangers of working in the heat and sun. The OSHA website contains the following information on sun exposure:

Sunlight contains ultraviolet (UV) radiation, which causes premature aging of the skin, wrinkles, cataracts, and skin cancer. The amount of damage from UV exposure depends on the strength of the light, the length of exposure, and whether the skin is protected. There are no safe UV rays or safe suntans.

Sun exposure at any age can cause skin cancer. Be especially careful in the sun if you burn easily, spend a lot of time outdoors, or have any of the following physical features:

• Numerous, irregular, or large moles.
• Freckles.
• Fair skin.
• Blond, red, or light brown hair.

Block Out UV Rays

• Cover up. Wear tightly-woven clothing that blocks out light. Try this test: Place your hand between a single layer of the clothing and a light source. If you can see your hand through the fabric, the garment offers little protection.

• Use sunscreen. A sun protection factor (SPF) of at least 15 blocks 93 percent of UV rays. You want to block both UVA and UVB rays to guard against skin cancer. Be sure to follow application directions on the bottle.

• Wear a hat. A wide brim hat (not a baseball cap) is ideal because it protects the neck, ears, eyes, forehead, nose, and scalp.

• Wear UV-absorbent shades. Sunglasses don’t have to be expensive, but they should block 99 to 100 percent of UVA and UVB radiation.

DEPARTMENTAL CHANGES

By Carol Sneyd, Regional Safety Technician

After 29 years at BOCES, 24 of those with Risk and Safety, Dorothy Maro is retiring. Dorothy said she is planning on spending more time with family and is looking forward to being able to do what she wants, when she wants.

We would like to take this opportunity to thank Dorothy for all of her hard work and to wish her all the best in the next chapter of her life.