

Monday

1
 Philly Cheese Steak
 On a WG roll
 Sautéed Peppers & Onion
 Curly Fries
 Assorted Chilled Fruit

8
 BBQ RIB sandwich
 On a WG Roll
 3 Bean Salad
 Assorted Chilled Fruits

15
 Meatball Parmesan
 on a WG roll
 w/ Chick Pea salad
 Assorted Chilled Fruit

22
 Philly Cheese Steak
 On a WG roll
 Sautéed Peppers & Onion
 Curly Fries
 Assorted Chilled Fruit

29
 BBQ RIB sandwich
 On a WG Roll
 3 Bean Salad
 Assorted Chilled Fruits

Tuesday

2
 General Tso Chicken
 Or Popcorn Chicken
 Seasoned Brown Rice
 Sautéed Broccoli
 Assorted Chilled Fruit

9
 WG Macaroni & Cheese
 Green beans
 WG Dinner Roll
 Assorted Chilled Fruit

16
 General Tso Chicken
 Or Popcorn Chicken
 Seasoned Brown Rice
 Sautéed Broccoli
 Assorted Chilled Fruit

23
 WG Macaroni & Cheese
 Green beans
 WG Dinner Roll
 Assorted Chilled Fruit

30
 General Tso Chicken
 Or Popcorn Chicken
 Seasoned Brown Rice
 Sautéed Broccoli
 Assorted Chilled Fruit

Wednesday

3
 Chicken Parmesan
 on a WG roll
 w/ Chick Pea Salad
 Assorted Chilled Fruit

10
 Turkey Bacon Panni
 Sweet potato fries
 Beets salad
 Assorted Chilled Fruits

17
 Bacon cheese burgers
 On a WG Bun
 Smile Fries
 Pickles
 Assorted chilled fruits

24
 Chicken Parmesan
 on a WG roll
 w/ Chick Pea Salad
 Assorted Chilled Fruit

31
 Turkey Bacon Panni
 Sweet potato fries
 Beets salad
 Assorted Chilled Fruits

Thursday

4
NO SCHOOL

11
 Chicken Fingers
 (Spicy or Regular)
 WG Dinner Roll
 Seasoned Fries
 Assorted Chilled Fruit

18
 Chicken Fingers
 (Spicy or Regular)
 WG Dinner Roll
 Seasoned Fries
 Assorted Chilled Fruit

25
 Chicken Fingers
 (Spicy or Regular)
 WG Dinner Roll
 Seasoned Fries
 Assorted Chilled Fruit

Friday

5
PIZZA FRIDAY
 Cheese, Pepperoni,
 CHEF SPECIAL
 Side Salad
 Assorted Chilled Fruit

12
PIZZA FRIDAY
 Cheese, Pepperoni,
 CHEF SPECIAL
 Side Salad
 Assorted Chilled Fruit

19
PIZZA FRIDAY
 Cheese, Pepperoni,
 CHEF SPECIAL
 Side Salad
 Assorted Chilled Fruit

26
PIZZA FRIDAY
 Cheese, Pepperoni,
 CHEF SPECIAL
 Side Salad
 Assorted Chilled Fruit

Lunch Entrée Alternates

Sandwiches: Turkey or Ham with cheese on a WG roll, Sun butter and jelly or Cheese Sandwich on Sliced WG bread

Entrée Salads: Chef, Grilled Chicken Caesar served with WG croutons or Dinner roll

Pizza: WG crust topped with cheese sauce and toppings

Bagel/ Cereal Meals: WG Bagel / Roll or Cereal served with yogurt /cheese stick, fruit/vegetable, milk/ juice, WW Crackers

Mon, Wed, Fri: Spicy or Regular Chicken Patty on a WG Roll Tues, Thurs: Hamburger or Cheeseburger on a WG Roll