



LUNCH

This institution is an equal opportunity provider

# JUNE 2019

Walden, Fox Meadow, Tech

### DAILY LUNCH OFFERINGS

Paid student = \$3.00, Reduced = \$0.25, Adult = \$3.68+tax

1% milk, Fat Free Chocolate milk

Juices, Apple Orange, and Grape

Carrot sticks, Dark Green side salad and Fresh Fruit offered daily

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**3**  
BBQ RIB sandwich  
On a WG Roll  
Veggie Beans  
Assorted Chilled Fruits

**4**  
Turkey Bacon Panni  
Sweet potato fries  
Beets salad  
Assorted Chilled Fruits

**5**  
WG Macaroni & Cheese  
Green beans  
WG Dinner Roll  
Assorted Chilled Fruit

**6**  
Chicken Fingers  
Regular/ Spicy  
WG Dinner Roll  
Seasoned Fries  
Assorted Chilled Fruit

**7**  
PIZZA FRIDAY  
Cheese, Pepperoni,  
CHEF SPECIAL  
Side Salad  
Assorted Chilled Fruit

**10**  
Meatball Parmesan  
on a WG roll  
w/ Caesar side salad  
Assorted Chilled Fruit

**11**  
Chicken Quesadilla  
(chicken & cheese or cheese)  
Brown Rice  
Fiesta Black Beans  
Assorted Chilled Fruit

**12**  
Bacon cheese burgers  
On a WG Bun  
Smile Fries  
Pickles  
Assorted chilled fruits

**13**  
General Tso Chicken  
Or Popcorn Chicken  
Seasoned Brown Rice  
Sautéed Broccoli  
Assorted Chilled Fruit

**14**  
PIZZA FRIDAY  
Cheese, Pepperoni,  
CHEF SPECIAL  
Side Salad  
Assorted Chilled Fruit

**17**  
Philly Cheese Steak  
On a WG roll  
Sautéed Peppers & Onion  
Curly Fries  
Assorted Chilled Fruit

**18**  
Turkey Bacon Panni  
Sweet potato fries  
Chick Pea salad  
Assorted Chilled Fruits

**19**  
WG Macaroni & Cheese  
Green beans  
WG Dinner Roll  
Assorted Chilled Fruit

**20**  
Chicken Fingers  
Regular/ Spicy  
WG Dinner Roll  
Seasoned Fries  
Assorted Chilled Fruit

**21**  
PIZZA FRIDAY  
Cheese, Pepperoni,  
CHEF SPECIAL  
Side Salad  
Assorted Chilled Fruit

**24**  
BBQ RIB sandwich  
On a WG Roll  
Veggie Beans  
Assorted Chilled Fruits

**25**  
PIZZA DAY  
Cheese, Pepperoni,  
CHEF SPECIAL  
Side Salad  
Assorted Chilled Fruit

**26**

**27**

**28**

### Lunch Entrée Alternates

Sandwiches: Turkey or Ham with cheese on a WG roll, Sun butter and jelly or Cheese Sandwich on Sliced WG bread

Entrée Salads: Chef, Grilled Chicken Caesar served with WG croutons or Dinner roll

Pizza: WG crust topped with cheese sauce and toppings

Bagel/ Cereal Meals: WG Bagel / Roll or Cereal served with yogurt /cheese stick, fruit/vegetable, milk/ juice, WW Crackers

Mon, Wed, Fri: Spicy or Regular Chicken Patty on a WG Roll      Tues, Thurs: Hamburger or Cheeséburger on a WG Roll

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com