

Yale Center for Emotional Intelligence

Emotions Matter

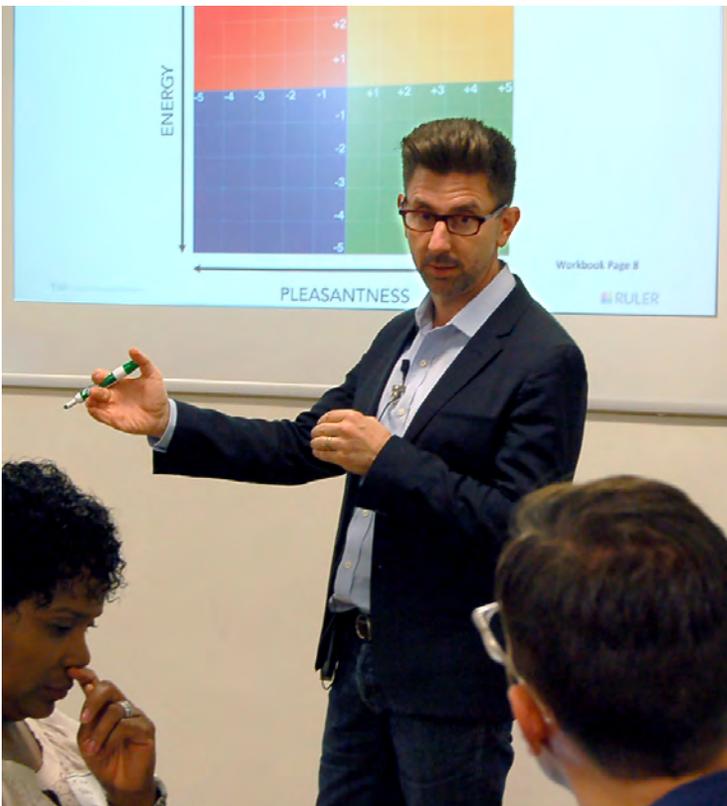


The Yale Center for Emotional Intelligence in Collaboration with Putnam | Northern Westchester BOCES Center for Educational Leadership

Emotions drive learning, decision-making, creativity, relationships, and health. The well-being and sustainability of our society depends on each of us using our emotions intelligently. The Yale Center for Emotional Intelligence conducts rigorous research on the power of emotions and teaches people of all ages how to develop and tap into their emotional intelligence and acquire the skills necessary to succeed at home, at school, at work, and in their communities.

Anchors of Emotional Intelligence Institute Cohort 2

June 27, 2018 and September 27, 2018



This highly interactive, two-day institute led by trainers from the Yale Center for Emotional Intelligence provides school leaders and educators with the foundational skills and tools to bring RULER to their school, district, or organization. RULER is a CASEL SElect, evidence-based approach for social and emotional learning developed by Marc Brackett Ph.D. and colleagues at the Yale Center for Emotional Intelligence. RULER helps students, educators, and families develop the emotional intelligence skills needed to make sound decisions, foster healthy relationships, enhance well-being, and achieve desired outcomes at school, home, and in the workplace.

The Anchors Institute prepares school teams to implement the skills and tools of emotional intelligence both among staff and in the classroom. With district-level support and development opportunities provided for school leaders, this partnership aims to see large-scale positive shifts in the culture of the district, schools, and broader community.

Benefits of RULER

- Improved leader and teacher effectiveness and overall retention
- Increased attendance, engagement, academic performance, and graduation rates
- Better-quality relationships; reduced bullying and discipline referrals
- Enhanced decision-making; reduced drug and alcohol problems
- Less stress and anxiety; greater health and well-being

Program Includes

- RULER Phase 1: Part 1 of the Anchors of Emotional Intelligence Institute is a full-day training for implementation teams (up to 5 members, includes building leader, two staff members, and 2 district administrators) on June 27, 2018 focusing on learning the skills of emotional intelligence, receiving an overview of RULER, and engaging with the first Anchor tool, the Charter.
- RULER Phase 1: Part 2 of the Anchors of Emotional Intelligence Institute is a full-day training for implementation teams on September 27, 2018. This training focuses on learning the remaining RULER Anchor tools and on implementation planning.
- Four web-based or phone coaching sessions (for implementation teams, to be used over the academic year immediately following the training).
- Access to RULER Online, which includes comprehensive curricular resources.
- Monthly newsletters to support implementation and share the latest research and practices.
- Participation in the Emotional Intelligence Network of Schools - Lower Hudson Valley.
- RULER orientation session for Cohort 2 districts' Superintendents and School Board Members on September 27, 2018 at 7:00 p.m.
- RULER Implementation Conference for Cohorts 1 and 2 on March 12, 2019 (March 13, snow date) at Manhattanville College, Reid Castle. The RULER Implementation Conference is a full-day opportunity for participants to come together to learn engaging and innovative approaches to sustain RULER in their lives and school communities. It also allows participants to refresh their knowledge of RULER, as well as network with Yale Center for Emotional Intelligence staff and other educators in the region. There will be a keynote, as well as multiple sessions for participants to attend.
- A half-day follow-up session focused on implementation on May 8, 2019 with Yale CEI trainers.

**COHORT 2 – ANCHORS OF EMOTIONAL INTELLIGENCE INSTITUTE: Cost: \$7500 per school team
30 schools to be admitted for Anchor Training***

**Half billed in the 2017-18 school year, half billed in the 2018-19 school year.*



Implementation Support Cohort 1 (Year 2)

September 28, 2018

Building on last year's program, RULER Phase 2: The Feeling Words Curriculum Training is a full-day session on September 28, 2018 for implementation teams (up to 5 members, includes building leader, two staff members, and 2 district administrators) from Cohort 1. This session focuses on bridging literacy and emotional intelligence from Pre-K to Grade 8. Additionally, for participants who work in high schools, there will be a session on RULER for the HS level.

Program Includes

- Two web-based or phone coaching sessions (for implementation teams, to be used over the academic year immediately following the training).
- Access to RULER Online, which includes comprehensive curricular resources.
- RULER Implementation Conference for Cohorts 1 and 2 on March 12, 2019 (March 13 snow date) at Manhattanville College, Reid Castle. The RULER Implementation Conference is a full-day opportunity for participants to come together to learn engaging and innovative approaches to sustain RULER in their lives and school communities. It also allows participants to refresh their knowledge of RULER, as well as network with Yale Center for Emotional Intelligence staff and other educators in the region. There will be a keynote, as well as multiple sessions for participants to attend.
- A half-day follow up session on May 8 with Yale CEI trainers to provide further guidance to implementation teams.

COHORT 1 – IMPLEMENTATION SUPPORT

Cost: \$2500 per school team – Open to school teams that took part in the 2017/2018 Anchors of Emotional Intelligence Institute.

Awareness Session Cohort 3

March 11, 2019 | 8:30 am – 11:30 am

PNW BOCES – School Services Building

A half-day introduction offered for districts interested in joining the training in the 2019-20 school year. Thirty new schools will be admitted.

Cost: Free of charge. Registration required.

Program Dates at a Glance

Cohort 2 ANCHORS OF EMOTIONAL INTELLIGENCE INSTITUTE:

June 27, 2018 – Ruler Phase 1

Full-day training for Implementation Teams
8:30 am – 3:00 pm
PNW BOCES – Walden Gym

September 27, 2018

Full-day training for Implementation Teams
8:30 am – 3:00 pm
PNW BOCES – School Services Building

September 27, 2018

Orientation session for Cohort 2 superintendents
and BOE members
7:00 pm
PNW BOCES – School Services Building

March 12, 2019

RULER Implementation Conference
8:30 am – 3:00 pm
Manhattanville College – Reid Castle

May 8, 2019

Half-day update meeting with RULER trainers
12:30 pm – 3:30 pm
PNW BOCES – School Services Building

Cohort 1 IMPLEMENTATION SUPPORT

September 28, 2018

Full-day training for Implementation teams
8:30 am – 3:00 pm
PNW BOCES – School Services Building

March 12, 2019

RULER Implementation Conference
8:30 am – 3:00 pm
Manhattanville College – Reid Castle

May 8, 2019

Half-day update meeting with RULER trainers
8:30 am – 11:30 am
PNW BOCES – School Services Building

*Continental breakfast served
at all daytime programs.
Lunch is included for full-day sessions.*



“We must figure out how to create school environments, curricula, and other related tools to help students feel more positive emotions.”
Marc Brackett



Marc Brackett, Ph.D., is Director of the Yale Center for Emotional Intelligence and Professor in the Child Study Center at Yale University. His grant-funded research focuses on the role of emotional intelligence in learning, decision making, relationship quality, well-being, performance, and organizational climate. Marc is the lead developer of RULER, an evidence-based approach to social and emotional learning that has been adopted by over 1000 public, charter, and private schools across the United States and in other countries, including Australia, England, Italy, Mexico, and Spain. RULER infuses emotional intelligence into the fabric of a school through training for school leaders, educators and staff, students, and families, and has been shown to enhance well-being, academic performance, and school climate.

The Center for Educational Leadership located at the Putnam|Northern Westchester BOCES, provides high quality, professional development and training programs and services that are economical, flexible and cutting-edge. All offerings are anchored in the current realities of school leadership. Additionally this new initiative will be supported by the Guidance and Child Study Center; leaders in supporting the social and emotional well-being of students in the region. We are excited about our collaboration with the CEI which brings Dr. Marc Brackett and his outstanding team to our region, allowing districts to engage in a wide range of activities to acquire the resources and skills to support emotional development within their schools.



To request an application packet please contact:
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 200 BOCES Drive | Yorktown Heights | NY 10598

For additional information contact:
 Renee Gargano at rgargano@pnwboces.org
 Joan Thompson at: jthompson@pnwboces.org

Yale Center for Emotional Intelligence

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