



## Social-Emotional Intelligence for School Leaders (SEL) Workshop

This workshop is designed for all school and building leaders, teams, and teachers --those new to SEL or with previous experience. Sessions are based on current educational and neuroscientific research on the critical ways emotions affect behavior and success, drawing from the work of Daniel Goleman, the Yale Center for Emotional Intelligence, Collaborative for Academic, Social, and Emotional Learning (CASEL), Harvard Business School, and the Stanford University Leadership Institute. Participants will parse case studies, analyze research, and use classrooms as living laboratories for transformative work. The approach is interdisciplinary and starts with looking inward at personal leadership styles and behaviors. Participants will be guided through a customized process to:

- Understand, build skills, think strategically, and learn how to utilize emotional intelligence to improve personal and organizational effectiveness
- Examine the Yale RULER Model, the Goleman Competency Framework, and Mindfulness Practices to reduce stress, resolve conflict, and meet the challenges facing school leaders, teachers, students, and families

**Presenter:** Jane Sandbank, Former Superintendent Brewster Central School District

**Dates:** October 9, November 27, 2018; January 15, and February 26, 2019 (Snow date March 5, 2019)

**Time:** 8:30 a.m. – 11:30 a.m.

**Audience:** District and Building Level Leaders

**Fee:** \$475

CANCELLATIONS MUST BE RECEIVED AT LEAST 7 DAYS PRIOR TO THE PROGRAM START DATE  
ALL FEES ARE ELIGIBLE FOR STATE AID - SCHOOL DISTRICTS WILL BE BILLED THROUGH CO-SER 512

To register on-line go to: My Learning Plan at [www.pnwboces.org/catalog](http://www.pnwboces.org/catalog)

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