



Challenge Course & Team Building Programs to Support the Dignity Act

The CEE challenge course and team building programs are powerful and proactive tools that can be used by schools to help students learn and practice pro-social skills that create a safe and supportive climate. These programs put a premium on relationships between members of the group and help to establish a sense of acceptance and belonging.

Skills and issues addressed during our programs empower students to reflect on whether their behaviors create an effective, positive climate and help them determine the behaviors that build a safe environment free of discrimination and harassment. Some of the skills and issues addressed include, creating a climate of respect and acceptance, understanding and appreciating differences, tolerance, compassion, patience, support and encouragement, positive attitude, humor and flexibility. Emphasis is placed on transferring these skills from the activities to the school environment.

The programs listed below can take place at your school, Madden Outdoor Education Center in Kent Cliffs, on the BOCES campus in Yorktown Heights or at your school.

Challenge Course/Team Building (Full Day)

The challenge course is a series of physical and mental challenges that can only be solved when students, in groups of 12-15, work together as a team. In the process of solving the challenges, they will utilize such skills as team building, effective communication, problem solving, acceptance of others, risk taking, physical and emotional support and working with people of different styles. Equally important, the participants have fun together. Often, the student who doesn't do well in the classroom excels on the challenge course. Consequently, students see their peers, and teachers see their students, in a very different light, changing the classroom environment and creating a bond to last the entire year. The first part of the program is spent doing team building activities to prepare the group for the challenge course. The remainder of the day is spent on the challenge course.

"The folks at BOCES are hands-down, the best (challenge course) processors I have ever worked with."

John Hirsch
Horace Greeley H.S.
Chappaqua

Team Building Activities at Schools (90 minutes-2 hours/1 class)

Can't come to our challenge course? This alternative team building experience takes place outside on your school ground! It includes activities which focus on team building, effective communication, problem solving, acceptance of others, risk taking, physical and emotional support, and working with people of different styles.

Team Building for Grades 3 & 4: Cooperative Kindness at Schools (1-2 hour/1class)

This program is designed specifically for children who are not yet developmentally ready for our regular team building programs. During the activities, our staff takes a more directive approach with the group in order to develop the following skills: cooperation, planning, inclusiveness, kindness and handling frustration in a positive manner.

TO BOOK A PROGRAM:

1. Complete & submit on-line request form found at: <http://portal.pnwboces.org/cee/>.
2. Scheduling takes place in late July.
3. In late August, you will receive a program confirmation letter.

FOR MORE INFORMATION:

Call Catherine Leist 845.225.9256 or email: ceeschedule@pnwboces.org
www.pnwboces.org/pdf/Environmental/DignityActProgramSupport.aspx